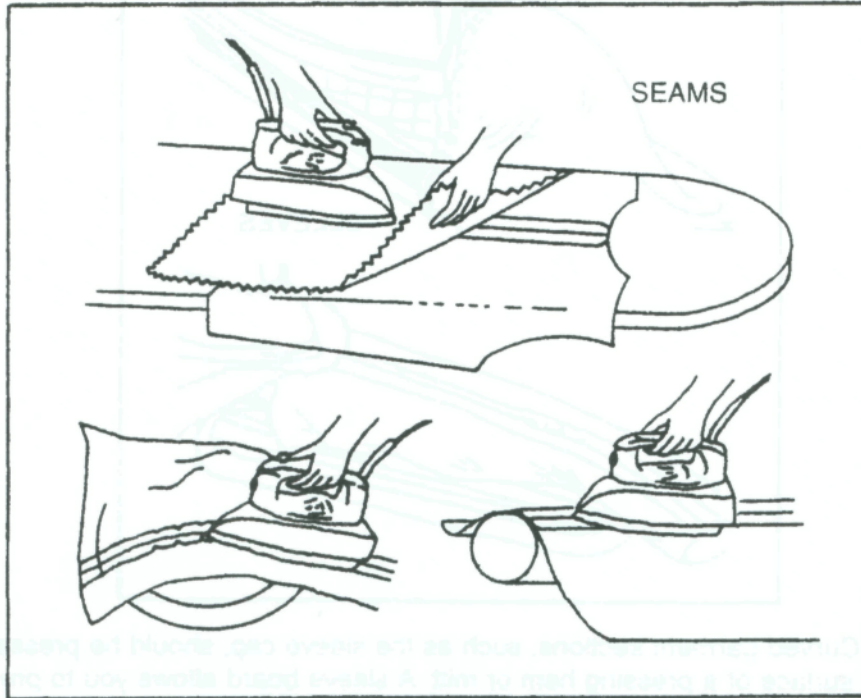
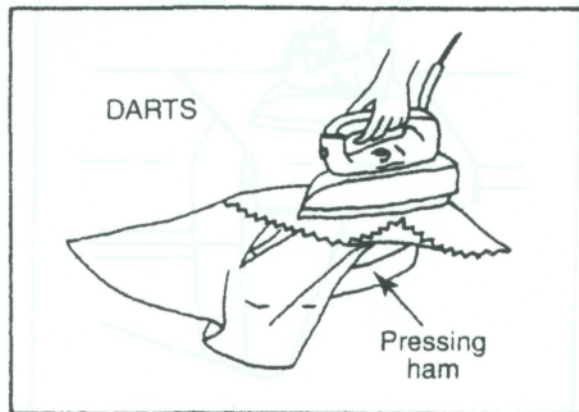


## Press as You Sew

Careful pressing will greatly enhance the appearance of your garments. To achieve professional results, press as you sew. To avoid shine and to protect fabric, use a press cloth. The following techniques will help to ensure a well-pressed garment.



**Seams:** Press with the grain. Plain seams are first pressed along the line of stitching. Then they are opened and pressed with the tip of the iron in the direction of stitching. Straight seams are pressed over a seam roll. Curved seams are pressed over a pressing ham or mitt.

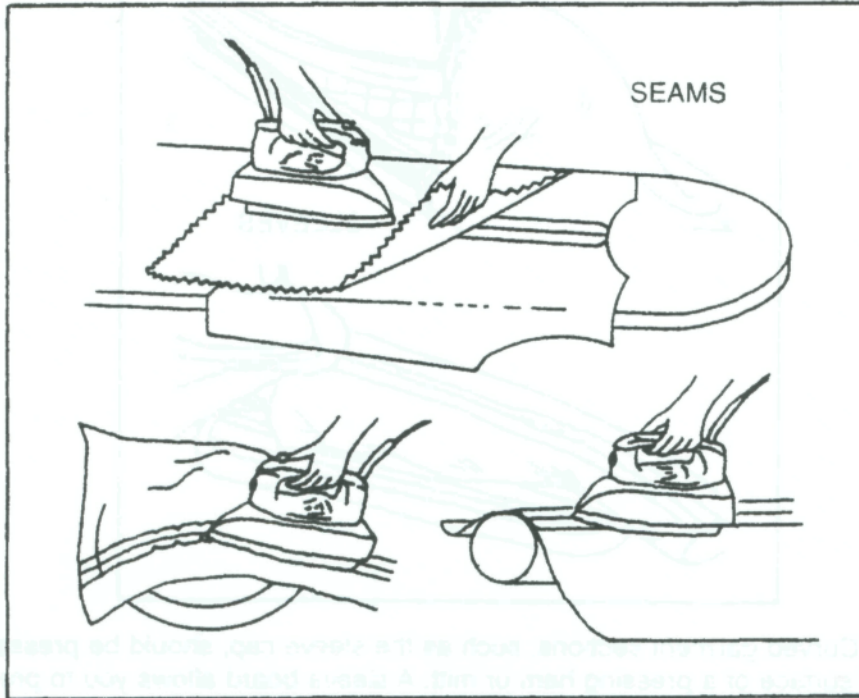


**Darts:** Press over a pressing ham with the tip of the iron from the wide edge toward the point. Deep darts or heavy fabrics should be trimmed to  $\frac{5}{8}$  inch or slashed and pressed open. Shoulder and waistline darts should be pressed toward the center of the garment. Underarm and elbow darts should be pressed downward.

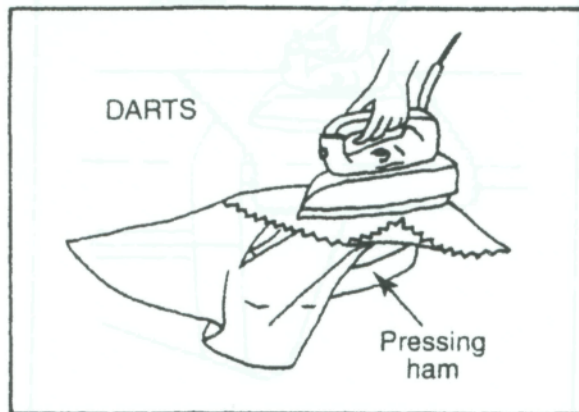
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