**Knife Pleats**

Knife pleats are classic pleats that can be constructed in a series all lying in the same direction. Knife pleats can also be constructed in a series on each side of a garment with each grouping of knife pleats lying in the opposite direction.

To make your paper pattern, begin at the left-hand side of the length of your paper. Make lines parallel to the shorter side according to the following. The first line will be 2 ½” from the edge of the shorter side of your paper. The next 7 lines will be one inch apart from the first line. You will have a total of 8 lines. Mark these lines as follows:

1. Foldline
2. Placement line
3. Foldline
4. Placement line
5. Foldline
6. Placement line
7. Foldline
8. Placement line

Draw arrows from each foldline to the placement line. This completes your pattern.

Using your sample fabric and your paper pattern, construct your series of four knife pleats. Cut ¼” slits at the end of each marking line. To form the knife pleats, fold each pleat along the foldline and bring it to the placement line of the fabric. Press in your pleats, and stitch across the top to hold them in place.

Attach both your paper pattern and your fabric sample to this instruction sheet. Give a description of the pleats you have created below.