**Darts**

Darts are stitched folds that provide shape and fullness to a garment so that the garment fits the curves of the body.

Follow these steps to make a dart sample:

1. Transfer markings for dart from pattern to wrong side of fabric, using a transfer method that will not damage your fabric.
2. Fold the fabric, right sides together, and match markings. Pin.
3. Backstitch at the wide end of the dart.
4. Stitch from the wide end of the dart to the point using a regular stitch.
5. Stitch at least 2 to 3 stitches along the foldline at the point.
6. Tie a small knot at the point so the threads don’t pull loose.
7. Press the dart (may use a pressing ham) to the side.

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